

■ Backpacking Packing List

Ultralight list with multi-use items, hostel essentials, and laundry strategy.

Checklist

- ■ Carry-on compliant pack where possible
- ■ Merino base layers; quick-dry tee/shorts
- ■ Silnylon rain shell; pack cover
- ■ Microfiber towel; compact hygiene kit
- ■ Headlamp + spare batteries
- ■ Hostel lock and sleep sheet
- ■ Water filter or purification tabs
- ■ Laundry strategy: sink wash, quick-dry line

Notes

Tip: Color-code packing cubes per traveler and keep meds/valuables in your personal item.

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